

**Mentally Healthy Community (MHC) Teams  
Report Out Template**

Team Name	Community Education	
Team Members	Nancy Karges, Compeer, <i>Interim Team Lead</i>	Terri Sogolow
	Melanie Flint, new member	Rodi Hilbert
	Marica Rollins, CareerWorks	Susan Gulbe
	Louise Loots	Diance Brice
	John Gillette, MD	Bonnie Schell
		Melinda Henning

Team's Provocative Proposition	
We are a community dedicated to demystifying mental illness through education (and effective, multi-faceted marketing).*	
* <i>reflects the likelihood of the Marketing Team joining forces with the Education team</i>	

Team's Goals and Objectives	
<p>Create a mental health speakers association.</p> <ul style="list-style-type: none"> <li>a. one request per month for a speaker</li> <li>b. two training sessions per year</li> <li>c. three personal stories from those who live them</li> </ul> <p>Full-day mental health community conference annually</p> <ul style="list-style-type: none"> <li>a. form a committee representing several community organizations</li> <li>b. funding</li> </ul> <p>Providing information to community members - material handouts <i>FACILITATOR</i></p> <ul style="list-style-type: none"> <li>a. newsletter</li> <li>b. newspaper articles <ul style="list-style-type: none"> <li>a. human interest</li> <li>b. letters to the editor</li> </ul> </li> <li>c. sending speakers to: <i>FACILITATOR</i> <ul style="list-style-type: none"> <li>a. schools</li> <li>b. churches</li> <li>c. corporate</li> <li>d. organizations</li> </ul> </li> <li>d. participation in existing efforts</li> <li>e. family to family</li> </ul>	

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Meeting Date	November 6, 2003	Meeting Time	4-6pm	Meeting Place	Compeer Office
Attendees	Nancy Karges, Compeer, <i>Interim Team Lead</i>			Paula Comunelli, Steering Committee	
	Melanie Flint, new member			Cathie Royer, Steering Committee	
	Marica Rollins, CareerWorks				

Agenda Items <i>(with key points)</i>	Confirm goals listed at Summit.
	Pull out some quick wins.
	Decide next meeting.
	Decide on whether to invite Marketing team to the next meeting with the intension to combine teams.

Action Items/Commitments <i>(with name and date to complete)</i>	Someone to talk to George Jarrow about education during tours. <i>(didn't record an exact owner)</i>
	Paula to talk to the IOC will be asked to take on those calls and/or emails.
	Cathie will take it as an action item to put the Speakers Bureau in the newsletter.

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Team Offers	<p>Is available to leverage Compeer's educational capacity to provide individual speakers, tailored content, single- or multi-subject panels, a series (such as current Compeer series) to train on mental illness in general; specific disabilities (such as depression, bi-polar, OCD, schizophrenia, adult ADD); put together mental health panels; mental illness in the workplace (would need to be developed); mental illness and the law (educating on the America Disabilities Act).</p> <p>Trainings would include hand-outs and sometimes a 30-minute video. Sessions are recommended to be a minimum of 90-minutes, although 2 hours is ideal as it allows breaks for discussion. An hour is possible but very cramped.</p> <p>Another suggestion for educational event content would take the approach: "How do you get healthy? 1. Recognize what's going on, 2. Learn how to get help, 3. Move toward wellness by agreeing to get help."</p>
	<p>Nancy is currently working with St. Joseph's to put on an educational evening event with a speakers panel in early January.</p>

Team Requests	<p>Educate, educate, educate! ;-)</p>

BENEFITS AND RESULTS ACHIEVED <i>(include social)</i>	<p>Next meeting was confirmed as intended for Saturday, December 6<sup>th</sup> at 11am at the Compeer office.</p>
	<p>It was agreed to invite the Marketing team.</p>
	<p>The team grew by one member since the Summit of someone who wasn't at the Summit. Thanks for Nancy for recruiting her and Melanie for accepting.</p>

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WHAT'S THE MOST IMPORTANT THING WE CAN DO NOW?	
Work to combine the teams and prepare a productive meeting on the 6 <sup>th</sup> .	

Next Meeting Date	Saturday, Dec 6 <sup>th</sup>	Meeting Time	11am	Meeting Place	Compeer office at 1051 Cayuga St. in Santa Cruz
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\*Please complete and email a copy to [croyer@cruzio.com](mailto:croyer@cruzio.com) within five working days of the meeting reported on. Thank you.

***THANK YOU FOR YOUR GOOD WORK!***