

## *LISTENING WELL EXPERIENCE (LWE)*

# **LWE GROUP FACILITATOR CERTIFICATION<sup>SM</sup>**

## **TRAIN-THE-TRAINER PROGRAM**

### **1. Listening Well Experience (2.5 days)**

This personal and professional exploration is designed to deepen self-knowledge, enhance leadership capacity, and further the human experience. This workshop is for those committed to their inner and outer journey and who seek balance and wholeness in their lives. Because storytelling is a universal language, the *Listening Well Experience* can be delivered in any language, to any age group, and with any population. Of particular interest is developing bi-lingual, bicultural facilitators to serve monolingual populations. Along with a wellness and recovery story, some key outcomes are reclaimed lives, the realization that one is not alone, and increased personal empowerment.

### **2. LWE Group Facilitator Certification (5 days)**

This train-the-trainer program develops the ability to facilitate the *Listening Well Experience* in an 8-10 week group format. Participants learn the basics of modeling leadership, using self as an instrument of change, and applying cross-cultural teachings and Appreciative Inquiry.

Skill development includes:

- Developing co-facilitation and leadership capacity
- Designing meetings and experiential learning
- Creating safe and sacred space
- Welcoming, transitioning, and closing processes
- Increasing group process and self awareness
- Managing meetings, agendas, and timelines
- Discovering strengths
- Coaching for clarity and the essence of story
- Using appreciative language/communication
- Participating in an ongoing learning/support community

LWE Group Facilitator Certification is received based upon successful demonstration of core characteristics and competencies. The certification process includes a commitment to participate in annual Ongoing Learning/Re-Certification.

**Prerequisite:** *Listening Well Experience*

### **3. Annual LWE Group Facilitator Re-certification (5 days)**

To maintain LWE Group Facilitator certification status, participation is required in an annual ongoing learning and re-certification process to ensure continuous program improvement, fidelity, and replicability. Ongoing certification is a commitment to share learning, enhance facilitation skills, provide personal and professional support, and be an active part of a learning community.